



Convenient ways to get care

Get care when, where, and how you want it. No matter which option you choose, your care team can see your health history, update your medical record, and give you personalized care that's right for you.



E-visit

Fill out a short questionnaire about your symptoms, and a Kaiser Permanente clinician will get back to you with a care plan – usually within 2 hours.



Phone appointment

Save yourself a trip to the office by scheduling a call with a clinician.¹



Video visit

Meet face-to-face online with a clinician – right from your computer or mobile device.¹



24/7 medical advice

Call **1-833-KP4CARE (1-833-574-2273)** anytime to get medical advice from a clinician.



Email your doctor

Message your doctor's office anytime with nonurgent health questions and get a reply usually within 2 business days.²



Nurse clinic

Make an appointment with our nurse clinic for many health care services – most are available with no copay.



Target Clinic

Get convenient care from Kaiser Permanente clinicians at a Target Clinic near you.



In-person appointment

Most of our locations offer many services under one roof, so you'll save time with a single trip. Same-day appointments are often available.

¹. When appropriate and available. ². These features are available when you get care from Kaiser Permanente facilities.

Our locations

From primary care to urgent care to specialty care, our locations offer a variety of services to help you get the care you need. To see facilities near you, visit kp.org/kerncounty.

U Urgent Care **E** Emergency Care **P** Pharmacy

1 **Adventist Health Bakersfield***
2615 Chester Ave.
Bakersfield, CA 93301

E

2 **Behavioral Health Offices**
4900 California Ave.
Bakersfield, CA 93309

3 **Central Medical Offices**
3733 San Dimas St.
Bakersfield, CA 93301

4 **Chester Avenue Medical Offices 1**
2531 Chester Ave.
Bakersfield, CA 93301

P

5 **Chester Avenue Medical Offices 2**
2620 Chester Ave.
Bakersfield, CA 93301

6 **Coffee Road Medical Offices**
4801 Coffee Rd.
Bakersfield, CA 93308

P

7 **Discovery Plaza Medical Offices**
1200 Discovery Dr.
Bakersfield, CA 93309

8 **East Hills Medical Offices**
3700 Mall View Rd.
Bakersfield, CA 93306

P

9 **Ming Medical Offices**
8800 Ming Ave.
Bakersfield, CA 93311

P

10 **Stockdale Medical Offices**
3501 Stockdale Hwy.
Bakersfield, CA 93309

U P

11 **Tehachapi Medical Offices**
1100 W. Tehachapi Blvd.
Tehachapi, CA 93561

12 **Vision Essentials by Kaiser Permanente**
The Marketplace
9000 Ming Ave., Suite L-1B
Bakersfield, CA 93311

Target Clinics

Care provided by Kaiser Permanente. For a list of services and locations, visit kptargetclinic.org.

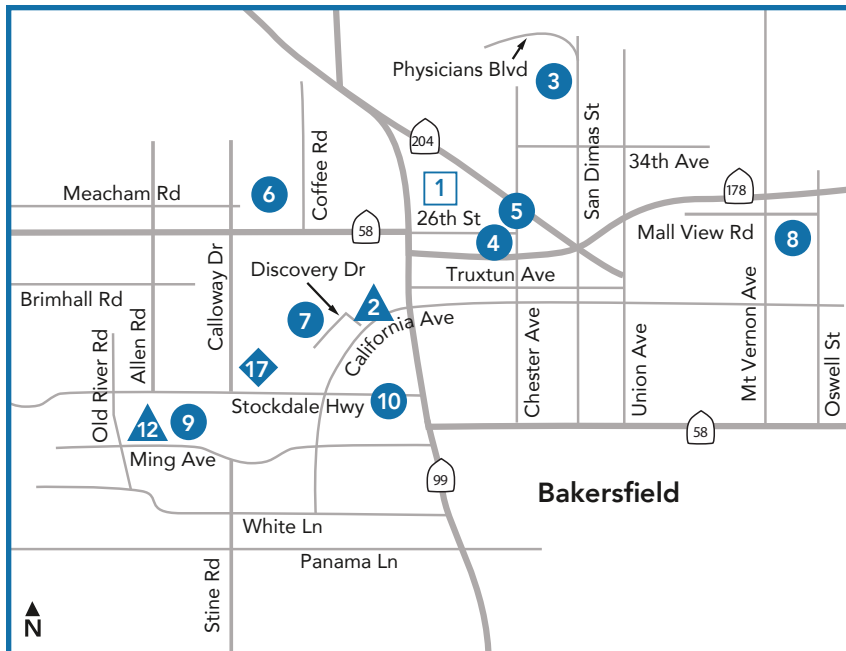
No emergency services

17 **Target Clinic**
Bakersfield NW
9100 Rosedale Hwy
Bakersfield, CA 93312

*Affiliated facilities provide selected inpatient and/or outpatient hospital and emergency services.

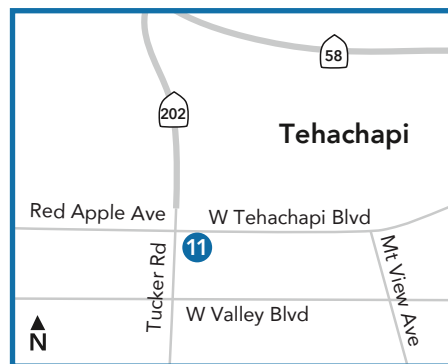


To make an appointment at any of our locations, call us 24/7 at **1-833-KP4CARE** (1-833-574-2273) (TTY 711).



Maps not to scale

- Medical Center
- Medical Office
- ▲ Specialty facility
- ◆ Target Clinic
- Affiliated hospitals



Need care now? Know before you go.

Knowing the difference between types of care you may need can save you time.

Urgent care

An urgent care need is one that requires prompt medical attention, usually within 24 to 48 hours, but is not an emergency medical condition.¹ Walk-ins available for adults and children, no appointment needed. Open 7 days a week, 9 a.m. to 9 p.m.

- Stockdale Medical Offices

Emergency care

Emergency care is for medical or mental health conditions that require immediate medical attention to prevent serious harm to your health.² Our Kaiser Permanente emergency physicians are connected to your electronic health record, so they know your medical history and personal health needs. Open 24 hours a day, 7 days a week.

- **Adventist Health Bakersfield**
Kaiser Permanente
Affiliated Hospital

kp.org/kerncounty

¹ An urgent care need is one that requires prompt medical attention, usually within 24 or 48 hours, but is not an emergency medical condition. This can include minor injuries, backaches, earaches, sore throats, coughs, upper-respiratory symptoms, and frequent urination or a burning sensation when urinating. ² If you believe you have an emergency medical condition, call 911 or go to the nearest hospital. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other coverage documents.

Your health journey starts here

The sooner you register on our secure website, the more you'll get out of Kaiser Permanente. Once you do, you can browse our online doctor profiles to choose a personal doctor who's right for you. If a doctor was already assigned to you, you can change to another Kaiser Permanente doctor at any time, for any reason – online or by phone.



Create your online account at kp.org

With **kp.org**, you can securely access many time-saving tools and resources to help you stay on top of your health.

Manage your health on your time

Visit **kp.org** or use the Kaiser Permanente app anytime, from anywhere, to:²

- View most lab test results
- Refill most prescriptions
- Email your doctor's office with nonurgent questions
- Schedule and cancel routine appointments
- Print vaccination records for school, sports, and camp
- Manage a family member's health care³

Creating a **kp.org** account is easy

Simply create your account at **kp.org/newmember** or with the Kaiser Permanente app, which you can download from your preferred app site. When registering, have your medical record number handy – you'll find it on your member ID card.



Get your prescriptions

You have options to help you transition your prescriptions to a Kaiser Permanente pharmacy near you. Since this can take 2 or more business days, make sure to contact us before you need a refill.

Transition your prescriptions

- **Online** – Go to **kp.org/newmember** and follow the steps to transition many of your prescriptions online.
- **By phone** – Call us at **1-866-206-2983 (TTY 711)**, Monday through Friday, 7 a.m. to 7 p.m.
- **In person** – Make your first appointment for an in-person visit. Then bring your pill bottles, or photos of the labels, when you go.

Prescription delivery⁴

Once you've created your account and transitioned your prescriptions, visit **kp.org/pharmacy** to get most new or refill prescriptions delivered within 3 to 5 days at no cost.

1. When appropriate and available. 2. These features are available when you get care from Kaiser Permanente facilities. 3. Online features change when children reach age 12. Teens are entitled to additional privacy protection under state laws. When your child turns 12 years old, you will still be able to manage care for your teen, with modified access to certain features. 4. Not all prescriptions can be mailed, restrictions apply. Please check with your local pharmacy.